

## WHAT DO I USE? WHERE DO I PUT IT?

### BASIC WIRING

Most homes and business have electrical service boxes with circuit breakers or fuzes and hot water heaters. These two items are the most important to neutralize.

**Electrical Box:** Place a Tri-Pak with the long edge directed toward the incoming power so that the arrow on the label points toward the incoming wire from the power line..

**Hot Water Heater:** Place a Three Hole Resonator as near to the center of the top of the hot water heater as possible with the white dot to the north for greatest strength.

### WIRED APPLIANCES

Wired appliances which plug into your house electrical service. Do not block air vents on any appliance with resonators.

**Telephones:** Place Smog Buster Tab on back of receiver.

**Computer systems which plug in and do not have a wireless router:** Place a Three Hole Resonator on the case containing the CPU (box with drives) between the unit and the operator. Place a Three Hole Resonator on center top, center side, or center bottom of the monitor case about 1½ inches from the front. If the operator spends many hours in front of the computer, they should also wear a personal protective bead over their chest to help prevent headaches and red eyes.

**Fluorescent Lights in Homes:** Place a Three Hole Resonator on the ballast of the fixture.

**Fluorescent Light Banks in Businesses:** Place a Tri-Pak on the end fixture with the long edge toward the bank of fluorescent lights so that the arrow on the label points down the line of fixtures.

**Power breaker bars:** Place a Three-Hole Resonator on the surface of the bar next to the reset switch.

**Refrigerators:** Place a Three-Hole Resonator on back where the cord enters the refrigerator, particularly if it is against a wall with a baby's or other person's bed on the other side.

### WIRELESS AND MICROWAVE DEVICES

**Cell Phones:** Place a Cell Phone Tab on the antenna end of the cell phone, or behind the receiver if possible. For Ear Plug or Head Set Cell Phones, place the Cell Phone Tab on the base receiver. If annoyance persists, they can be placed on the back of each ear receiver.

**Microwave Cooker:** Place a Star Three-Hole Resonator on the center top of the case.

**Wireless Electronic Router:** Place a Star Three-Hole Resonator on top center, avoiding vents.

**Wireless Home Security Units:** Place a Star Three-Hole Resonator on top center of unit.

**In House Mini-Dish Entertainment Box:** Place a Star Three-Hole Resonator on top center.

**Air Purifiers with Radio Waves:** Place a Star Three-Hole Resonator on top center.

### BATTERY POWERED DEVICES

**Automobiles:** Place a Tri-Pak in the glove box of your car aimed toward the electronics of your engine.

**18 Wheelers:** Place a Flat Spiral under the driver's seat, clear side up.

**Trains:** Place a G-33 Resonator on the electric motor.

**Commercial Aircraft:** When you arrive at the airport, you can place the Tri-Pak from your car glove box in your carry-on, long side down, arrow on label pointing down. Place the carry-on in the over head bin, or under the seat in front of you. Most of the wiring of the aircraft runs under the floor beneath you. This placement of the Tri-Pak will help protect you from jet lag.

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